

ADMINISTERING MEDICINES TO STUDENTS HEALTH PROTOCOLS

This protocol applies to all medications, prescription or non-prescription, which are to be administered to students in school.

1. If a student's physician determines that it is necessary for the student to receive medication during school hours, the written physician's order and specific instructions must be provided to the school. {210.005 (D) (1)}
2. Each medication must be accompanied by a Medication Administration Plan signed by the parent or legal guardian. {210.005 (D) (3)}
3. Parents must provide medications in the original container with the prescription label or manufacturer's label intact. {210.008 (A) (1)} Upon request, pharmacists will provide identical containers and divide medications for school and home. If medication is to be given on field trips, the parent/guardian must provide a second identical empty prescription container (to send with the person designated to give the medication on the field trip).
4. Each medication that is to be administered for more than 10 school days must be accompanied by a written physician's order. (Prescription label serves as a physician's order for short-term medications, such as antibiotics). {210.005 (D) (2) (a)}.
5. All medications administered by school personnel will be documented on the student's medication record.
6. Medications should be delivered to school by an adult. Upon delivery, medications will be dated and counted by the school nurse. {210.008 (A) (273)}
7. The first dose of a newly prescribed medication must be given at home.
8. Medications will be stored in locked cabinets in the Health Offices. {210.008 (C)} Medications which must be available for emergency access, such as inhalers or epinephrine auto-injectors, may be stored in supervised unlocked storage areas, or carried by students as specified in the Medication Administration Plan.
9. Medications will be administered by Registered Nurses {210.002 (2)} employed by Mansfield Public Schools with the following exceptions:
 - a. **Self Administration according to school policy** {210.006 (B)}
Provided that criteria consistent with school protocol are met and there is a written order by licensed prescriber, students who fall into the following exceptions may self-administer medications:
 - i. Students with asthma or other respiratory diseases may possess and administer prescription inhalers.

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- ii. Students with cystic fibrosis may possess and administer prescription enzyme supplements.
- iii. Students with diabetes may possess and administer glucose monitoring tests and insulin delivery systems.
- iv. Students with allergies may possess and administer epinephrine auto-injectors.

b. **High School Self Administration of medication while on Field Trips.**

While on field trips, consistent with 105 CMR 210.000, the school nurse may permit self medication of prescription medication by a high school student provided that the following criteria are met:

- i. The student, school nurse and parent/guardian, where appropriate, enter into an agreement which specifies the conditions under which prescription medication may be self administered.
- ii. The school nurse, as appropriate, develops a medication administration plan (105 CMR 210.005(E) which contains only those elements necessary to ensure safe self administration of prescription medication.
- iii. The school nurse evaluates the student's health status and abilities and deems self-administration safe and appropriate. As necessary, the school nurse shall observe initial self-administration of the prescription medication.
- iv. The school nurse is reasonably assured that the student is able to identify the appropriate prescription medication, knows the frequency and time of day for which the prescription medication is ordered, and follows the school self administration protocols.
- v. There is written authorization from the student's parent or guardian that the student may self medicate.

c. **Epinephrine auto-injectors and Medication Delegation:** The Mansfield Public Schools shall, through the School Nurse Leader, register with the Massachusetts Department of Public Health and train personnel in the use of epinephrine auto-injectors and medication delegation.

d. **Delegation to School Staff**

- i. The unlicensed staff member will have the option of accepting responsibility for the medication and if willing to administer, will receive training in administration of medication for:
 - 1. Field trips
 - 2. Short-term special school events
 - 3. A case where a student presents with a life-threatening condition, when a school nurse is not immediately available

10. Delegation to school staff (those staff who are not nurses licensed to administer medication in Massachusetts) will be conducted according to the following protocols:

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- a. The Medication Administration Plan for each medication (including pre-measured injectable medications such as epinephrine auto-injectors) will include a plan for delegation.
 - i. The Medication Administration Plan will be established when medication is delivered to the school {210.005 (E) (O)} and will remain in place for the school year, unless the school nurse is notified by the parent of needed change.
 - ii. If the Medication Administration Plan includes delegation to unlicensed school staff:
 - It must include signed consent by a parent or legal guardian for unlicensed staff to administer medication;
 - The school nurse will provide training for unlicensed staff according to protocols established by the Massachusetts Department of Public Health.
11. “Three times a day” medications will be given at school only if the physician specifically orders a dose during school hours.
12. Administration of early morning or first daily dose of medication is discouraged at school and administered only after careful consideration on an individual basis, according to the following criteria:
 - a. The nurse who will be responsible for administration of the medication must be informed prior to, and included in any discussion of feasibility of administering the medication. {210.003 (A) 10)}
 - b. Assessment (related to reason medication is not administered at home) will be conducted by the school nurse and may include a home visit at the discretion of the nurse.
 - c. An Individualized Health Care Plan (signed by the parent) may be added to the Administration of Medication Plan if deemed appropriate by the school nurse.
 - d. The school nurse may consult with the prescribing physician and address any appropriate questions or concerns regarding morning medication administration {210.005 (H)}, including specific orders, side effects, continuity, blood levels, and time parameters. The parent may be asked to sign a release of information to facilitate this communication.
13. If any emergency should occur involving response to medication, the prescribing physician will be notified, and medical treatment will be provided according to the physician’s advice and the nurse’s assessment.
14. If any error should occur involving administration of medication, the parent/guardian will be notified as soon as the error is discovered and a report will be filed with the Superintendent of Schools. The prescribing physician may be consulted by the parent/guardian or school nurse if deemed appropriate.

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15. This protocol will be made available to any parent/guardian upon request. Any question between the school nurse and the parent/guardian may be reviewed by the principal or other school authority upon request.

LEGAL REF: 105 CMR 210.000
M.G.L. c. 94C.s. 7(g); c. 71. s. 54B

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